

# Stuffy Pocket Pal Toy

Time required: less than an hour!



## What you will need

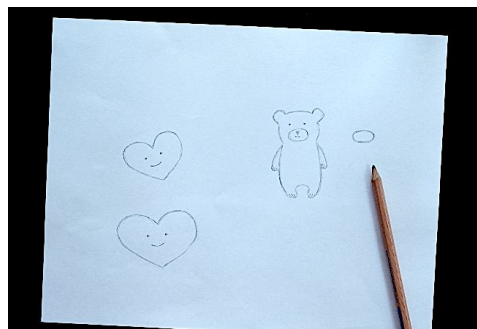
- Paper and printer or pencil
- Felt scraps (approximately 3" x 4")
- Scissors
- Pencil
- Embroidery or sewing needle
- Embroidery floss or thread in black and various other colors
- Sewing pins (optional)
- Toy stuffing

## Some Sewing Safety Tips

- Sew at a slow speed - it's easy to make mistakes or get hurt if you go too fast.
- Keep needles and pins at a certain place (a special box, cushion, etc.) when not using them.
- Do not hold scissors with sharp sides up. Always leave scissors blades closed and far from the edge of the table.
- The length of a thread when sewing should not exceed the length of the distance to the elbow.

## Steps

1. Print the template on page 5. Alternatively, you can trace it on the screen or draw your own toy design.



2. Cut out the shapes to use as templates.



3. Place the paper template on the felt and cut out the felt shapes following the paper template.

Note: Each shape indicates how many felt pieces are required. For doubled shapes, one piece will be in front, the other in back.



4. Take one of the felt shapes that will be the front of your toy. Mark with a pencil where you want to place the eyes and other facial features.

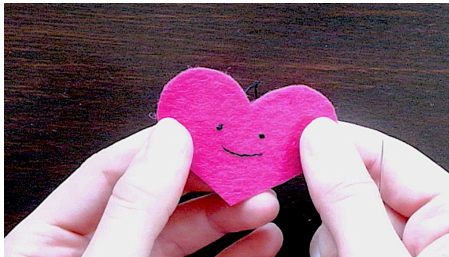


San Jose Museum of Quilts & Textiles

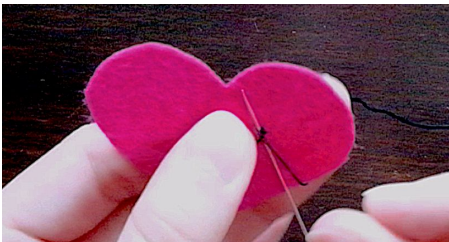
520 South First Street | San Jose, CA | 95113 | [www.sjQuiltMuseum.org](http://www.sjQuiltMuseum.org)



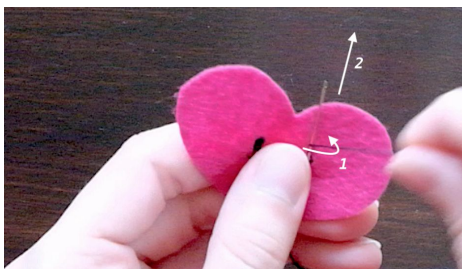
5. Thread your needle with a black thread, tie a knot in the end, and stitch on facial features or other details to the front piece of felt. Use a **satin stitch** for the eyes and a **back stitch** for the smile and any other lines. See page 4 for details.



6. Tie off your thread when you finish. At the end of the stitching, pass the needle under the last stitch you made.



Wind the thread around the needle several times (1) and pull the needle through these loops (2). Keep pulling until the loop entirely flattens out. Cut off the tail end.



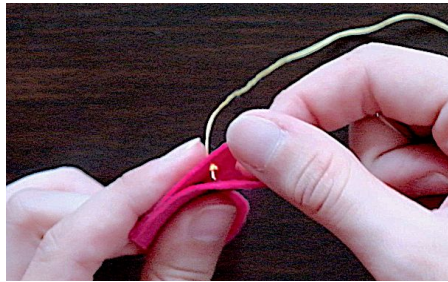
7. Line up the back and front felt pieces and thread your needle with a colored thread

(matching or contrasting color with the felt) and tie a knot at the end.

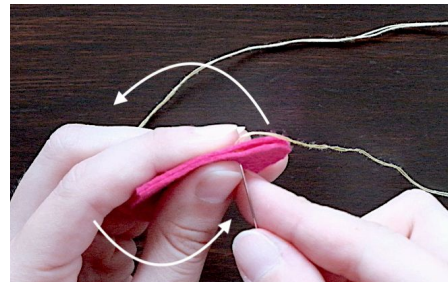
(Optional) Use sewing pins to hold the two pieces together.



8. Use a blanket **stitch** to stitch them together (see page 4 for details). Pass your needle between the two pieces of felt to hide your knot.



Then bring your needle around and pass it through both layers of felt, going from front to back. Try to get it close to the spot it went through earlier.



You should now have a loop around your needle. Pull the needle through to finish the first stitch.



9. Make the next stitch going to the right and going through both layers of felt from front to back.

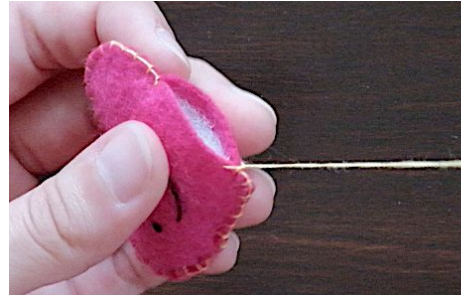


10. Keep sewing the two felt pieces. Leave an opening to insert toy stuffing. Use your fingers or pencil to push the stuffing inside, a small amount at a time.



11. Stitch the opening closed. Press the two felt layers together and continue your

blanket stitch until you reach the original stitch.



12. Secure it with a knot, similar to step 6.



13. Cut the ends and enjoy your new stuffed companion!



Make as many Pocket Pals as you like, create various characters and give them as a gift to friends.

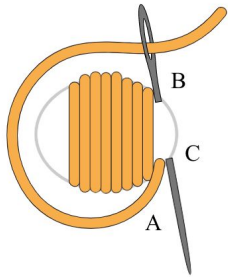


## Stitch Diagrams

### Satin stitch

The satin stitch is used most often to completely fill in a small space.

First determine the shape you want to fill in.

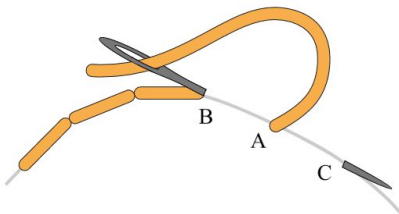


Bring the needle up along the edge of the shape (A). Insert the needle across onto the opposite side of the shape (B). Bring your needle back up through the fabric

right next to your starting hole on the original side of the shape (C). Repeat the process to fill the shape with stitches.

### Back Stitch

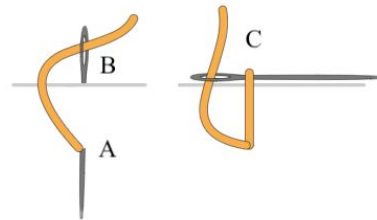
The back makes a nice clean row of stitches (it is perfect for outlining). Bring your needle through from the back of your fabric (A). Make your first stitch by putting your needle through the front of the fabric in a backwards direction from the direction you would like your line to go (B). Start the second stitch by bringing the needle back up through the fabric a stitch length away from your original starting point (C). Finish the second stitch by putting your needle through the original starting point (A).



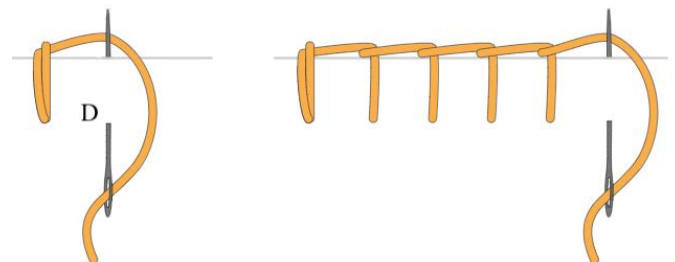
### Blanket stitch

The blanket stitch makes a simple decorative edging and can also be used for surface embroidery. To start a row of blanket stitches on an edge, bring your needle up from the back  $\frac{1}{8}$ " from the edge (A). Bring your needle around the edge and back through from the back at the same spot where you started, creating a loop around the edge (B). Bring your needle through the loop you just made sideways at the edge of the fabric (C). Now your thread is anchored and you're ready to start your first blanket stitch. Insert your needle  $\frac{1}{8}$ " from the edge and  $\frac{1}{8}$ " from your starter stitch (D). Bring your needle around to the front around the edge and through the loop. Pull the stitch tight. Repeat for more blanket stitches.

#### *Starting a blanket stitch*



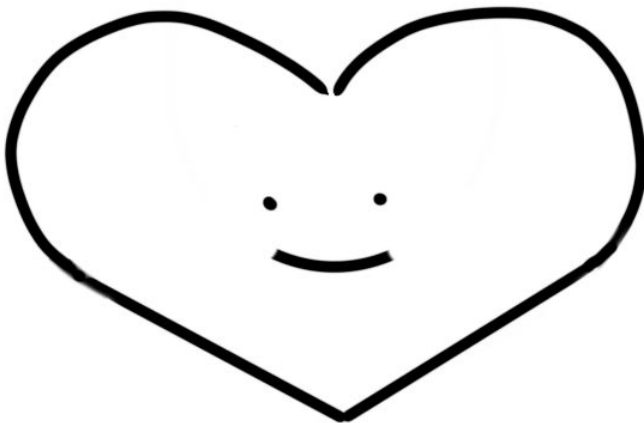
#### *Working a blanket stitch*



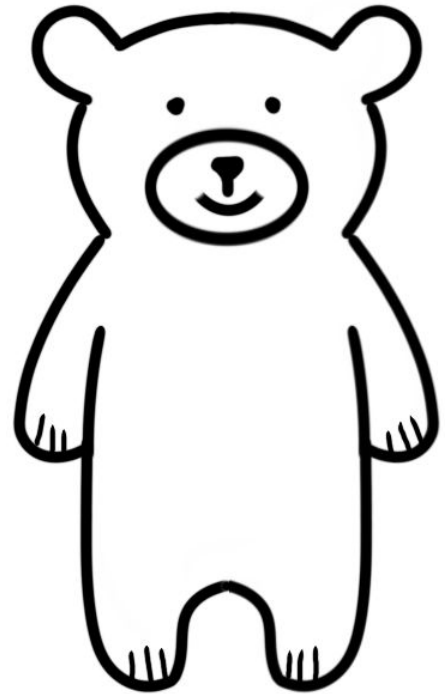
# Templates

NOTE: This template is sized to make a bear about 3" tall and a heart about 3" wide. If you want to change the size, print it at a different scale.

Drawings of features are for reference only, make your toy special by adding unique facial features, paw marks, etc.



Cut out x 2



Cut out x 2



Cut out x 1

